

HWK NEWSLETTER NO. 8 - YULE 2007

Dear All,

Welcome to the HWK Yule Newsletter! Hasn't 2007 gone fast? As we complete another turn of the wheel here at HWK it seems a good time to look back on the highlights of the year.

It has been a year of highs and lows, but the highs have been some of the most memorable experiences anyone could have asked for. Meeting Nigel Shaw and Caroline Hillier at their annual music festival was definitely the high point of the year, and although I count it as a low, I don't think I will ever forget the sight of Bex shrouded in plastic trying to set out our stall in the driving rain at the Kingston Green Fair! It was 9 degrees C in May and raining sideways but we still gave it our best. We are nothing if not determined!

Now as we approach Midwinter, we come to one of our favourite times of the year at HWK. The markets are heaving with winter produce, and we hedgewitches have been out and about drinking mulled wine and spiced ale and enjoying the sights and smells of the festive season. Our sabbat soap for this season is the Oak King. Traditionally associated with Jupiter and the new solar year, the Oak King is the sun child born at Yule and growing to manhood with the growing light of the waxing year. It seems right then on the darkest night to drink a toast to the child of promise to welcome him. Our first beer soap, the Oak King is spiced with bay, cloves and lime and evokes the warm, aromatic breath of winter.

The Oak King is available at Treadwell's Bookshop now, along with a wide variety of your favourites just in time for you to stock up for Yule.

Look out for some new recipes in 2008, including more travel-inspired soaps from my wanderings on foreign shores and a range of planetary soaps from our closet astrologer Bex!

Take care and enjoy the festive season!

The Rebeccas

<http://www.hedgewitcheskitchen.co.uk>

Please Note:

You are receiving this newsletter either because you signed up at one of our workshops or you expressed an interest in hearing news about the Hedgewitches' Kitchen. If you would like to unsubscribe you can do so at any time by clicking the link below.